

# Women's Wisdom

The secret of getting ahead is getting started<sup>1</sup>

The amount of good luck coming your way depends on your willingness to act.<sup>2</sup>  
Experience is a hard teacher because she gives you the test first, the lesson afterwards<sup>3</sup>  
The most common way people give up their power is by thinking they don't have any<sup>4</sup>  
Breath. Let go. And remind yourself that this very moment is the only one you know  
you have for sure<sup>5</sup>

Find out who you are and do it on purpose<sup>6</sup>

A woman is the full circle. Within her is the power to create, nurture and transform<sup>7</sup>

There are no shortcuts to any place worth going.<sup>8</sup>

There came a time when the risk to remain tight in the bud was more painful than the risk  
it took to blossom<sup>9</sup>

When you feel like giving up, remember why you held on for so long in the first place<sup>10</sup>

Remember, no one can make you feel inferior without your consent<sup>11</sup>

Courage is like a muscle. We strengthen it with use.<sup>12</sup>

Your own words are the bricks and mortar of the dreams you want to realize.  
Your words are the greatest power you have. The words you choose and their use  
establish the life you experience.<sup>13</sup>

There are two ways of spreading light: to be the candle or the mirror that reflects it.<sup>14</sup>

If you have knowledge, let others light their candles in it.<sup>15</sup>

And as we let our light shine, we unconsciously give other people permission to do the  
same. As we are liberated from our fear, our presence automatically liberates others.<sup>16</sup>

Never doubt that a small group of thoughtful committed citizens can change the world...

it is the only thing that ever has.<sup>17</sup>

Goals are dreams with deadlines.<sup>18</sup>

How wonderful it is that nobody need wait a single moment before starting to  
improve the world<sup>19</sup>

Nothing is impossible, the word itself says I'm possible!<sup>20</sup>

<sup>1</sup>Sally Burger <sup>2</sup>Barbara Sher <sup>3</sup>unknown <sup>4</sup>Alice Walker <sup>5</sup>Oprah Winfrey <sup>6</sup>Dolly Parton <sup>7</sup>Diane Mariechild <sup>8</sup>Beverly Sills

<sup>9</sup>Anais Nin <sup>10</sup>unknown <sup>11</sup>Eleanor Roosevelt <sup>12</sup>Ruth Gordon <sup>13</sup>Sonia Croquette <sup>14</sup>Edith Wharton <sup>15</sup>Margaret Fuller

<sup>16</sup>Marianne Williamson <sup>17</sup>Margaret Mead <sup>18</sup>Diana Scharf Hunt <sup>19</sup>Anne Frank <sup>20</sup>Audrey Hepburn